

Medicare GLP-1 Bridge Program: Patient Pre-Visit Checklist

Dear Patient, please complete this checklist before your upcoming appointment to discuss eligibility for the temporary Medicare GLP-1 Bridge Program (available from July 1, 2026, through December 31, 2027). Bring the completed form and any requested documents with you to your visit.

To check if you are eligible you can click the link below and scroll down to the section “Can I participate in the GLP-1 Bridge program?” and follow the prompts.

<https://www.medicare.gov/glp1bridge>

Or complete below

Section 1: Insurance & Basic Eligibility

Please review and check the boxes that apply to your current insurance coverage:

- ☐ I am currently enrolled in a Medicare Part D prescription drug plan (or a Medicare Advantage plan that includes drug coverage).
- ☐ I do NOT have a diagnosis of Type 2 Diabetes. (Note: If you have Type 2 Diabetes, GLP-1 medications may already be covered under your standard Part D formulary rather than this specific Bridge Program).
- ☐ I do NOT have a diagnosis of obstructive sleep apnea and metabolic dysfunction-associated steatohepatitis (MASH)

Section 2: Health Indicators & Measurements

The Bridge Program requires specific clinical criteria. Please fill out your most recent measurements if known:

Measurement	Your Value / Details
Current Weight (lbs)	_____
Height (ft/in)	_____
Estimated Body Mass Index (BMI)	_____ (Must typically be ≥ 30 , or ≥ 27 with a qualifying comorbidity or > 35 with no additional requirements)

TO CALCULATE BMI:
GOOGLE BMI CALCULATOR

OR

<https://www.nhlbi.nih.gov/calculate-your-bmi>

Please check if you have any of the following diagnosed conditions (Qualifying Comorbidities):

Requirements for Eligibility

- **Tier 1: BMI 35 or Higher**
- You meet the clinical criteria based on weight alone.

- **Tier 2: BMI 30 to 34.9**
- You must also have at least one of the following
 - Heart failure with preserved ejection fraction (HFpEF)
 - Uncontrolled hypertension (defined as systolic blood pressure above 140 mm Hg or diastolic blood pressure above 90 mm Hg, despite taking two antihypertensive medications)
 - Chronic kidney disease (CKD) stage 3a or above

- **Tier 3: BMI 27 to 29.9**
- You must also have at least one of the following
 - Pre-diabetes
 - Previous heart attack (myocardial infarction)
 - Previous stroke
 - Symptomatic peripheral artery disease (PAD)

IF YOU DO NOT FALL INTO ANY OF THESE CATEGORIES YOU UNFORTUNATELY DO NOT QUALIFY FOR THE BRIDGE PROGRAM